

Bowie Class Schedule



Session 1: August 24 - October 18, 2016 • **Session 2:** October 19 - December 24, 2016

Session 3: January 2 - March 4, 2017 • **Session 4:** March 6 - April 29, 2017 • **Session 5:** May 1 - June 17, 2017

	Mon	Tues	Wed	Thurs	Fri	Sat	
Open Gym – \$9 per child <i>12 years & under</i>		12-1:00 2-3:00	12-1:00 2-3:00	12-1:00 2-3:00	10-11:00 12-1:00 2-3:00		
Preschool Classes - 45 minutes							
Little Stars – \$170 <i>18 months-3 years</i> <i>With adult participation</i>		10:15-11 11:10-11:55		10:15-11 11:10-11:55		9:05-9:55 10-10:45	
		1:10-1:55 3:15-4 4:15-5	1:10-1:55 3:15-4 4:15-5	1:10-1:55 3:15-4 4:15-5	1:10-1:55 3:15-4 4:15-5	11-11:45 12-12:45 12:45-1:30	
		5:10-5:55 6:05-6:50 7-7:45	5:10-5:55 6:05-6:50 7-7:45	5:10-5:55 6:05-6:50 7-7:45	5:10-5:55 6:05-6:50 7-7:45		
	Twinkling Stars – \$170 <i>Ages 3 & 4</i> <i>Without adult participation.</i>		10:15-11 11:10-11:55		10:15-11 11:10-11:55		9:05-9:55 10-10:45
			1:10-1:55 3:15-4 4:15-5	1:10-1:55 3:15-4 4:15-5	1:10-1:55 3:15-4 4:15-5	1:10-1:55 3:15-4 4:15-5	11-11:45 12-12:45 12:45-1:30
			5:10-5:55 6:05-6:50 7-7:45	5:10-5:55 6:05-6:50 7-7:45	5:10-5:55 6:05-6:50 7-7:45	5:10-5:55 6:05-6:50 7-7:45	
		USA Gymnastics Classes					
Comets – \$190 <i>Ages 5 & 6 co-ed. USAG Level 1+</i> <i>1 hour class</i>			1-2:00 2-3:00 3-4:00	1-2:00 2-3:00 3-4:00	1-2:00 2-3:00 3-4:00	1-2:00 2-3:00 3-4:00	9-10:00 10-11:00 11-12:00
	4:30-5:30	4-5:00 5-6:00 6-7:00 7-8:00	4-5:00 5-6:00 6-7:00 7-8:00	4-5:00 5-6:00 6-7:00 7-8:00	4-5:00 5-6:00 6-7:00 7-8:00	12-1:00	
	Boys Tumbling – \$190 (Boys only) Ages 5-9	3:30-4:30	5-6:00 2-3:15	6-7:00 2-3:15	7-8:00 2-3:15	3:30-4:30 2-3:15	12-1:00 9:30-10:45
			3:15-4:30 4:30-5:45	3:15-4:30 4:30-5:45	3:15-4:30 4:30-5:45	3:15-4:30 4:30-5:45	10:45-12 12-1:15
	Meteors – \$210 <i>Ages 7 & up/USAG Level 1+</i> <i>1¼ hour class</i>	5:45-7 7-8:15	5:45-7 7-8:15	5:45-7 7-8:15	5:45-7 7-8:15	5:45-7 7-8:15	
		By Invitation Only					
Starbursts – \$290 <i>Ages 4-5/USAG Level 2+: 1 hour class 2 days/week</i>		6-7:00		6-7:00			
Galaxy Team – \$325 <i>Ages 6 & up/USAG Level 2+ 1½ hour class 2 days/week</i>	7-8:30	7-8:30	7-8:30	4:30-6	4:30-6	12-1:30	
Tumbling & Trampoline							
Coed TNT – \$190 <i>Ages 7-9: 1 hour class</i>	4:30-5:30	6-7:00	5-6:00	5-6:00	6-7:00	11-12:00	
Coed TNT 10+ – \$215 <i>Ages 10 & up: 1½ hour class</i>	5:30-7	4:30-6	3:30-5	6-7:30	7-8:30		
High School Tumbling – \$215 <i>Ages 12 & up: 1½ hour class</i>		7-8:30		3:30-5			

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