



Silver Stars Gymnastics and Fitness Club, Inc.

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I, Parent of _____, understand that while gymnastics and tumbling are individual sports, there will be times when incidental contact will occur. Silver Stars Gymnastics programs are operating distancing in a social and physical environment, but even in the best efforts and intentions there will be times the children will breach the prescribed (currently 6') distancing recommendations. In addition, our teaching and coaching staff will spot (physically assist) when circumstances require it. Spotting our athletes and students is often necessary in order to teach skills safely, to help athletes perform skills correctly, and to prevent injury. I understand and agree that spotting will be part of the learning process at Silver Stars Gymnastics and I agree to permit my child's teacher/coach to physically assist my child when needed. Direct assistance will also be provided in the event of injury. Participation in all activities has been discussed with my child's healthcare provider including considerations related to risk of COVID-19.

Signature of Parent/Guardian

Date

It's not just Gymnastics, it's Gymtastic!