



# Silver Spring Class Schedule

Winter/Spring/Summer 2009 Session 3: Feb. 2 – April 18, 2009 • Session 4: April 20 – June 13, 2009

Classes/Ages	Mon	Tues	Wed	Thurs	Fri	Sat	
<b>Open Gym \$7 per child</b> 6 years and under	12-1	12-1	12-1	12-1	12-1		
<b>45 Minute Classes — Session 3: \$225 Session 4: \$165</b>							
 <b>Little Stars</b> 18 months - 3 years With adult participation	9:20-10:05	9:20-10:05	9:20-10:05	9:20-10:05	9:20-10:05	8:30-9:15	
	10:15-11	10:15-11	10:15-11	10:15-11	10:15-11	11:10-11:55	
	11:10-11:55	11:10-11:55	11:10-11:55	11:10-11:55	11:10-11:55	12:00-12:45	
	1:10-1:55	1:10-1:55	1:10-1:55	1:10-1:55	1:10-1:55	12:45-1:30	
	2:05-2:50	2:05-2:50	2:05-2:50	2:05-2:50	2:05-2:50		
	3:30-4:15	3:30-4:15	3:30-4:15	3:30-4:15	3:30-4:15		
	5:10-5:55	5:10-5:55	5:10-5:55	5:10-5:55	5:10-5:55		
	6:05-6:50	6:05-6:50	6:05-6:50	6:05-6:50	6:05-6:50		
	<b>Twinkling Stars</b> 3's & 4's Without adult participation OR <b>Shining Stars</b> 4's & 5's	9:20-10:05	9:20-10:05	9:20-10:05	9:20-10:05	9:20-10:05	9:15-10:00
		10:15-11	10:15-11	10:15-11	10:15-11	10:15-11	10:05-10:50
11:10-11:55		11:10-11:55	11:10-11:55	11:10-11:55	11:10-11:55	11:10-11:55	
1:10-1:55		1:10-1:55	1:10-1:55	1:10-1:55	1:10-1:55	12:00-12:45	
2:05-2:50		2:05-2:50	2:05-2:50	2:05-2:50	2:05-2:50	12:45-1:30	
3:30-4:15		3:30-4:15	3:30-4:15	3:30-4:15	3:30-4:15		
4:15-5		4:15-5	4:15-5	4:15-5	4:15-5		
5:10-5:55		5:10-5:55	5:10-5:55	5:10-5:55	5:10-5:55		
6:05-6:50		6:05-6:50	6:05-6:50	6:05-6:50	6:05-6:50		
<b>1 Hour Classes — Session 3: \$260 Session 4: \$190</b>							
 <b>Comets</b> 5's & 6's co-ed	1-2	1-2	1-2	1-2	1-2	9-10	
	2-3	2-3	2-3	2-3	2-3	10-11	
	3:30-4:30	3:30-4:30	3:30-4:30	3:30-4:30	3:30-4:30	11-12	
	4-5	4-5	4-5	4-5	4-5	12-1	
	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	12:30-1:30	
	5-6	5-6	5-6	5-6	5-6		
	6-7	6-7	6-7	6-7	6-7		
<b>Super Novas</b> Beginners, Girls 7 & up	4-5		4-5	6-7		9-10 10-11	
<b>Boys Tumbling</b> 5 & up	4-5	4-5 5-6	4-5	4-5	4-5	9-10 10-11	
<b>Tumbling &amp; Tramp</b> 6-9 years old — co-ed	5-6		5-6	5-6	6-7	10-11 11-12	
<b>1½ Hour Classes — Session 3: \$285 Session 4: \$205</b>							
<b>Meteors/Asteroids</b> 7 & up	4-5:30	4-5:30	4-5:30	4-5:30	4-5:30	9-10:30	
	5:30-7	5:30-7	5:30-7	5:30-7	5:30-7	10:30-12	
	7-8:30	7-8:30	7-8:30	7-8:30	7-8:30	12-1:30	
<b>Tumbling Classes</b>	6-7:30		6-7:30		7-8:30	12-1:30	
	(TNT 10+) 7:30-9 (High School Gymnastics)		(TNT 10+)		(TNT 10+)	(TNT 10+)	
<b>BY INVITATION ONLY — Session 3: \$305 Session 4: \$220</b>							
<b>Rising Stars/X-Team</b> 9 years old & up	5:30-7:30. Rising Stars	6-8 Rising Stars	6-8 X-Team	5:30-7:30 Rising Stars	5:30-7:30 Rising Stars	11-1 Rising Stars	
<b>2 Day a Week Classes — Session 3: \$430 Session 4: \$315</b>							
<b>Shooting Stars</b> (2x/week)	5:30-7	5:30-7	5:30-7	5:30-7	5:30-7	12-1:30	
<b>TNT Preteam</b> (2x/week)		5-6:30		5-6:30			

## Silver Spring Gymnastics & Fitness Club, Inc.

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(We will be closed for Christmas Day, Thursday, December 25; New Years Day, January 1; Easter Sunday, April 12, 2009; and Memorial Day, Monday, May 25, 2009.)

We will be closed for classes Winter Break: December 22 – January 3, 2009, Easter Sunday April 12, 2009 and Memorial Day, Monday May 25, 2009.) Silver Stars

reserves the right to cancel any class with less than 4 kids enrolled. Prices based on one class per week, 25% discount on second class/same child

Winter/Spring/Summer 08/09