

Silver Stars Covid-19 Reopening Plan

We've instituted thorough cleaning and safety practices to support the health and wellness of our families and staff. We've done this by carefully following all State and Federal guidelines for COVID-19 and taking additional steps to ensure your safety at our facility.

Supporting Social Distancing Across Our Facility

- Rotation schedules created with the intention of accommodating physical distancing guidelines
- Staggered activity start & finish times and the utilization of multiple entrances & exits to reduce the amount of people in our lobby area.
- Introduced social distancing markers throughout the center.

Upgrade Ventilation to Increase Indoor Air Quality

- HVAC units serviced to clean the coils and make sure they are in good working order.
- Replaced HVAC filters with MERV 13 filters that remove a higher level of particles.
- Increased mechanical system run time and at higher speeds

Adding Layers of Strict Cleaning and Disinfecting Measures

- Increased frequency of cleaning and sanitization practices across high touch areas
- Trained staff members on proper cleaning & disinfecting procedures, and usage of Personal Protective Equipment
- Enhanced deep cleaning procedures using a sanitization, deodorizing and cleaning product called Tersano. Tersano kills germs in 30 seconds to 1 minute and is 100% chemical and toxic free. This means we can keep the gym open while we continuously clean throughout the day.

Promoting Healthy Hygiene Practices

- Increased mandatory hand washing amongst employees and gymnasts
- Increased sanitation stations throughout the facility.
- Masks encouraged for all staff, guests, and gymnasts over the age of 2 years old.
- Education: Signs advocating proper hand hygiene, avoiding sharing personal items, cough etiquette and physical distancing posted throughout the facility.

Training of Staff Members on New Protocols

- Instructed staff members in our new COVID-19 Incident Response Protocols to ensure we have the quickest and safest reaction to any possible exposure.

Health Screening

- Health Screening: all staff, students and guests will be reminded to self monitor upon arrival for signs & symptoms of COVID-19.
- No students, guests or staff allowed who are showing symptoms of COVID-19.
- Individuals who are up to date on COVID-19 vaccinations and considered a close contact to anyone who tested positive for COVID-19 within the last 10 days are not required to quarantine unless symptoms develop. Individuals who are NOT fully vaccinated and considered a close contact to anyone who tested positive for COVID-19 are required to quarantine for a period of 10 days from their latest exposure date. Quarantine can end early if a negative PCR or antigen test is received 5-7 days after the exposure. Individuals who had confirmed COVID-19 within the last 90 days and considered a close contact to anyone who tested positive for COVID-19 within the last 10 days are not required to quarantine unless symptoms develop. Confirmed positive persons should stay home until cleared by the Health Department from isolation which is at least 5 days since symptoms first appeared AND until no fever for at least 24 hours without fever-reducing medication AND improvement of other symptoms.