

Silver Stars Covid-19 Reopening Plan

We've instituted thorough cleaning and safety practices to support the health and wellness of our families and staff. We've done this by carefully following all State and Federal guidelines for COVID-19 and taking additional steps to ensure your safety at our facility.

Supporting Social Distancing Across Our Facility

- Rotation schedules created with the intention of accommodating physical distancing guidelines
- Staggered activity start & finish times and the utilization of multiple entrances & exits to reduce the amount of people in our lobby area.

Upgrade Ventilation to Increase Indoor Air Quality

- HVAC units serviced to clean the coils and make sure they are in good working order.
- Replaced HVAC filters with MERV 13 filters that remove a higher level of particles.
- Increased mechanical system run time and at higher speeds

Adding Layers of Strict Cleaning and Disinfecting Measures

- Increased frequency of cleaning and sanitization practices across high touch areas
- Trained staff members on proper cleaning & disinfecting procedures, and usage of Personal Protective Equipment
- Enhanced deep cleaning procedures using a sanitization, deodorizing and cleaning product called Tersano. Tersano kills germs in 30 seconds to 1 minute and is 100% chemical and toxic free. This means we can keep the gym open while we continuously clean throughout the day.

Promoting Healthy Hygiene Practices

- Increased mandatory hand washing amongst employees and gymnasts
- Increased sanitization stations throughout the facility.
- Masks optional for all staff, guests, and gymnasts
- Education: Signs advocating proper hand hygiene, avoiding sharing personal items, cough etiquette and physical distancing posted throughout the facility.

Training of Staff Members on New Protocols

- Instructed staff members in our new COVID-19 Incident Response Protocols to ensure we have the quickest and safest reaction to any possible exposure.

Health Screening

- Health Screening: all staff, students and guests will be reminded to self monitor upon arrival for signs & symptoms of COVID-19.
- No students, guests or staff allowed who are experiencing symptoms of COVID-19.
- Individuals considered a close contact (anyone who has been within 6-feet for a period of more than 15 minutes) to anyone who tested positive for COVID-19 within the last 10 days are not required to isolate unless symptoms develop. The close contacts should monitor for symptoms and wear a mask indoors in public for 10 days from their latest exposure date. Regardless of vaccination status, if a close contact develops symptoms, they should isolate and get tested immediately. It is recommended to get tested 5-7 days after the exposure even if symptoms do not develop. If a negative result is received, continue taking precautions including wearing a mask indoors for the remainder of the 10 days from exposure date. If a positive result is received, isolate immediately.
- Confirmed positive persons showing no symptoms should stay home until cleared by the Health Department from isolation which is at least 5 days since the day tested for COVID-19.
- Confirmed positive persons showing symptoms should stay home until cleared by the Health Department from isolation which is at least 5 days since symptoms first appeared AND until no fever for at least 24 hours without fever-reducing medication AND improvement of other symptoms.