

Silver Stars Gymnastics – Silver Spring CAMP RECAP

CAMP HOURS:

Full Day	8:30am-4pm
Half Day AM	8:30-11:30am
Half Day PM	1-4pm
AM Extended Care	8-8:30am
PM Extended Care	4-6pm

DROP OFF/PICKUP TIMES:

AM Extended Care Drop Off	8-9am
Full Day & Half Day AM Drop Off	8:30am
Half Day AM Pickup	11:30am
Half Day PM Drop Off	1pm
Full Day & Half Day PM Pickup	4pm
PM Extended Care Pickup	4-6pm

REGISTRATION

All paperwork and payments must be completed online before your child is allowed to attend camp. Any special instructions, medical forms, etc. must be dropped off on the first day of camp in the drop off car line. No camper will be allowed in unless all forms and payments are completed.

CLOTHING & PERSONAL ITEMS

All campers must wear a face covering. We prefer that children ages 5 & older wear a one-piece leotard, however form-fitting shorts and shirts are acceptable. Baggy or loose fitting clothes are not encouraged for safety reasons. We do not permit campers to wear jeans, or pants or shorts with belts or buckles. For younger campers that may have bathroom emergencies, please include an extra set of clothes. All hair must be tied up away from the face. We do not permit children to wear jewelry, fitness trackers or watches. Children are encouraged to bring their own water bottles from home to avoid congregations around the water fountains. Please mark your child's first and last name on his or her water bottle. We are NOT responsible for lost items, so please do not allow children to bring any valuables or money to camp. Cell phones and other electronics are NOT permitted at camp.

LUNCH & SNACK

Please send a bag lunch with full-day campers. Please write your child's first and last name on his or her lunch bag. Please note, we do not provide refrigeration or a microwave for the children's lunches. Please package your child's food accordingly.

Our daily lunch menu is as follows: 1 Slice of Pizza & Drink (\$3.50), 2 Slices of Pizza & Drink (\$5.50) and must be ordered at drop off or by 10am.

The morning snack provided to preschool campers may include one of the following options: pretzels, animal crackers, goldfish or cheese balls accompanied by juice or water. The snack are made in facilities with nuts. If you choose to send your child with their own snack please give it to the front desk. Do not include the snack in their lunchbox. The afternoon snack is a freeze pop.

We cannot separate any individual child due to food allergies. Please alert us to any allergies during your registration. Campers will not be permitted to share food brought from home.



Silver Stars Gymnastics, Inc.

2701 Pittman Drive, Silver Spring MD 20910 • 301-589-0938 • Fax 301-589-1717
E-Mail: ssgoffice@gosilverstars.com • Tax Id #: 521844-208

www.gosilverstars.com

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CAMP WITH FRIENDS

If your child is attending camp with a friend please email the front desk with the name of the friend prior to the first day of camp. While we will make every attempt to group the friends together, we cannot guarantee placement, especially if the gymnasts are different ages or if there is more than two friends. If the friends are of different ages, the older camper will go with the younger camper's group. We do not recommend campers moving to an age group more than one year older/younger than his/her current age. Be sure to confirm that all families are in agreement.

DROP OFF & PICKUP PROCEDURES

During Summer Camp all families are encouraged to participate in the *Express* drop off/pickup car line. Parking is available across the street for families that need extra time getting out of or into the car, for parents who need to enter the building to purchase additional items, such as lunch, extended care, or apparel, or for parents who need to drop off medication or special snacks.

Families that have registered for extended morning care can drop off as early as 8am. All other families can drop off between 8:30am and 9am. For drop-offs any later than 9am, please park your vehicle and enter the building with your camper.

There are going to be different lines, indicated by signage, for different drop off/pickup areas. Upon arrival, a staff member will help you locate the correct line. You are to remain in the line of cars looping through our lot until your car reaches the appropriate door of our facility.

Once your car reaches the designated door, please put your car in park and allow your child to open the passenger door. The staff member will ask you and your child a series of recent health and COVID-19 exposure questions. These screening procedures, required by the CDC and Maryland Health Department, include questions regarding any known close contact with a person who has been diagnosed with, tested positive for or quarantined as a result of COVID-19 within the last 14 days, and any known symptoms of COVID-19, such as cough not related to asthma or allergies, a temperature of 100.4 degrees Fahrenheit or higher, shortness of breath or difficulty breathing not related to asthma or exercise, sore throat, new loss of taste or smell, diarrhea or vomiting, and/or new onset of severe headache, especially with fever. If the parent answers 'yes' to any of the screening questions, the child will be denied entry to camp. Once your child has passed the screening process administered by our staff, your child will be allowed to exit the vehicle.

The pickup car line will consist of a single line for all families. Children will be released only to persons who have been authorized by the parents. Government issued identification will be required to verify identities of all pickup personnel. Please see chart above for appropriate pickup times. ***For pickups any earlier than 11:30 am (half day AM campers) or 4pm (full day and half day PM campers), or for pickups of extended afternoon care, please park your vehicle and enter the building to retrieve your camper.***

Parents/Guardians, Authorized Pickup Persons and Emergency Contacts are allowed to pick up campers. If you would like any other adults to pick up your camper, please email the front desk with your list of Authorized Pickup Persons prior to the first day of camp.

Please be prompt and allow extra time when picking up your camper at the end of the day. If your children remain at camp past their pick-up time, there will be an additional charge; half day campers will be charged for full day, full day campers will be charged the daily extended care rate and extended care campers will be charged \$1 for every minute after 6pm.

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COVID-19 CAMP PROTOCOLS

In accordance with the regulations and guidelines provided by the Centers for Disease Control and Prevention (CDC), American Camp Association (ACA) and Maryland Department of Health and Mental Hygiene, Silver Stars has created a strategic plan for safely operating camp this year (see Silver Stars COVID-19 Reopening Plan for more details):

- All campers must wear a face covering.
- Parents will not be permitted in the facility to observe camp. If a parent or guardian must enter the facility, a face mask is required to protect everyone at the facility.
- Silver Stars will email parents to keep them informed of any COVID-19 related updates
- To validate all email requests, please use the account used to log into your Silver Stars account. We will not be able to confirm email requests from outside accounts due to safety protocol.
- No students or staff with COVID-19 symptoms will be allowed on the property.
- No students or staff allowed who have been in contact with someone who is showing symptoms of COVID-19 or who has tested positive for COVID-19 within the last 14 days will be allowed on the property.
- In the event that a staff member or student exhibits symptoms of COVID-19 or is exposed to someone with COVID-19, Silver Stars will follow the guidelines provided by the CDC and consult with our local and state health departments regarding reports of COVID-19 exposure. As we are committed to the health and safety of all of our families, our response may include deep cleaning, a temporary suspension of operations, or other actions as determined by the type of exposure. We will communicate with families and staff in accordance with recommendations from licensing agencies and health departments.
- All staff will complete training on the health and safety protocol updates that Silver Stars will be implementing.
- All staff will adhere to the cleaning requirements, physical distancing and preventative measures implemented by Silver Stars.
- Signs will be posted on how to stop the spread of COVID-19 and on how to properly wash hands. While campers will also be required to properly wash hands after bathroom use and before and after eating, parents are expected to go over these policies with their children prior to the start of camp. Please explain the importance of following rules: social distancing, limited contact with other campers and listening to instructors. Parents are encouraged to educate their children to use the appropriate precautionary measures to stop the spread of germs. (i.e. Handwashing, social distancing, cough/sneeze etiquette, personal hygiene, etc.)

MEDICINE

We adhere to the Maryland State Camp Administration Medication Policies. If your child receives medication or requires emergency medication during camp (including but not limited to: prescription, over the counter, epi pen, inhaler), submit the Medication Administration Authorization Form (one form for each medication) signed by you and your doctor with your child's medication on the first day of camp.

Nonprescription medication must be in the original container with the instructions for use.

Nonprescription medication includes vitamins, homeopathic, and herbal medicines.

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